

## PRESENTATION BY STUDENTS



**SETHU INSTITUTE OF TECHNOLOGY**  
(An Autonomous Institution| Accredited with 'A' Grade by NAAC)  
**PULLOOR, KARIAPATTI – 626 115.**

**DEPARTMENT OF BIOMEDICAL ENGINEERING**



**PRESENTATION BY STUDENTS**

| Batch No. | Reg. No.   | Name of the Student  | Title of the Presentation                                 |
|-----------|------------|----------------------|---|
| 1.        | 2018111001 | ABDUL RAHMAN U M     | Smart Braille based Communication Device                  |
|           | 2018111030 | RAJESH KANNA D       |   |
|           | 2018111040 | SIMEER SIDDIQ UMAR M |   |
| 2.        | 2018111002 | ABINAYA S            | Cloud based Pregnant Women Monitoring System              |
|           | 2018111048 | TAMIL ARASI S        |   |
|           | 2018111051 | YOGESHWARI N         |   |
| 3.        | 2018111003 | ALTHAF SAMEER S      | Diabetic Foot Healer                                      |
|           | 2018111007 | DINESH P             |   |
|           | 2018111047 | TAMIL ALAGAN L       |   |
| 4.        | 2018111004 | ASHOK M              | Asthma Prediction System using Machine Learning Algorithm |
|           | 2018111026 | NISANTH KUMAR R      |   |
|           | 2018111036 | SATHISHKUMAR S       |   |
| 5.        | 2018111005 | AYESHA A             | Wheelchair an Autonomous Vehicle with Smartness           |
|           | 2018111032 | RITHI G              |   |
|           | 2018111033 | RIZWANA FATHIMA M J  |   |
| 6.        | 2018111006 | DHINA ROHITH S       | Wireless ECG with Android                                 |
|           | 2018111010 | GOWSHICK S           |   |
|           | 2018111013 | HARISH B             |   |
| 7.        | 2018111009 | GOPALAKRISHNAN R     | Smart and Non Invasive Glucose Monitoring                 |
|           | 2018111020 | MANOJ M              |   |
|           | 2018111024 | MUKESH PANDIYAN K    |   |



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|-----------|------------|---------------------|--|
| 8.        | 2018111011 | HABIBRAHMAN MR      | Advanced Integrated Intensive Care Monitor   |
|           | 2018111019 | MANI RATHINAM M     |  |
|           | 2018111027 | PIRITHIVIRAJAN M S  |  |
| 9.        | 2018111014 | HEMALATHA B         | ELN for Next Generation Sequencing for Blood Samples   |
| 10.       | 2018111015 | JUHIE S             | Smart Recognition of Flex by Sensors for Fractured Victims                                     |
|           | 2018111038 | SELVA NIRAIMATHI S  |  |
|           | 2018111041 | SOWMIYAA M          |  |
| 11.       | 2018111016 | KANNAN M            | Smart Wheel Chair for Physically Disabled People   |
|           | 2018111018 | KEERTHAN P          |  |
|           | 2018111045 | SWETHA M            |  |
| 12.       | 2018111021 | MEERA VARSHINI J    | Free Analyzing of Breast Cancer using LabVIEW  |
|           | 2018111037 | SATHYAPRIYA S       |  |
|           | 2018111039 | SHANMUGA PRIYA R    |  |
| 13.       | 2018111017 | KARPAGAKANI T       | Classification of MRI Brain Images using Convolutional Neural Network                          |
|           | 2018111022 | MERLIN RENAXY A     |  |
|           | 2018111034 | SARANYA G           |  |
| 14.       | 2018111023 | MOHANA PREETHA M    | Wearable Device for Pre-diagnosing Hypertension  |
|           | 2018111050 | VIGNESH S           |  |
| 15.       | 2018111028 | PRAVEEN KUMAR E     | Background for Electronic Lab Notebook for Multiplex Cell based Screening Assay for HIV Type I |



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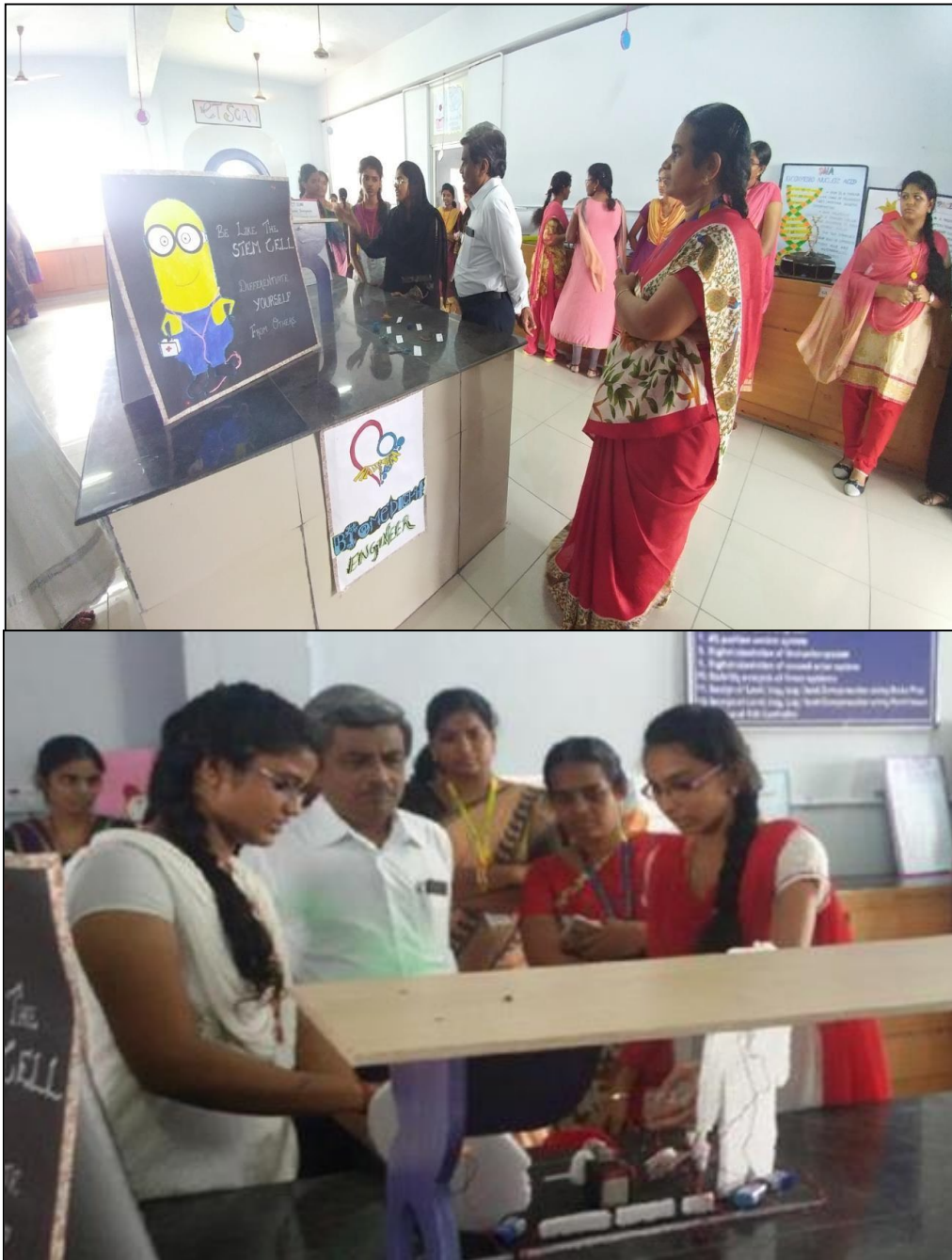


**DEPARTMENT OF BIOMEDICAL ENGINEERING**

| Batch No. | Reg. No.   | Name of the Student | Title of the Presentation  |
|-----------|------------|---------------------|--|
| 16.       | 2018111031 | RAJKUMAR M          | Blind Assistance for Visually Paralyzed People                               |
|           | 2018111035 | SARAVANAKUMAR A     |  |
|           | 2018111049 | VEERENDRAN E        |  |
| 17.       | 2018111042 | SRUTHI I M          | Configuration of CDISC Submission Framework for Submission of Clinical Trial |

*R. Arumugam*  
**HEAD OF THE DEPARTMENT**  
Department of Biomedical Engineering  
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**“ADVANCED TECHNOLOGY USED IN BIOMEDICAL FIELD”**



Presentation by students





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**DEPARTMENT OF BIOMEDICAL ENGINEERING**



**Presentation by students**

# **WEARABLE DEVICE FOR PRE-DIAGNOSING HYPERTENSION**

## **TEAM MEMBERS**

1.M.Mohana preetha,

2.S.Vignesh.

BATCH – 14

## **GUIDE :**

Dr.E.Maheswaran

Asst.prof(Sr.Gr)/BME

# ABSTRACT

- Hypertension is a chronic disease causing risk of different types of disorders such as hypertension attacks, cerebrovascular attacks, kidney failure and cardiovascular diseases. To prevent such risks, statistics related to hypertension have to be monitored and analyzed in real time.
- We are planning to construct a system for pre diagnosing hyper tension with arduino nano interfacing Max30100sensor, EPS8266,OLED,buzzer and Li-ion battery with diet plan management and emergency alert system using IOT.
- In this proposed system ,a wearable device with reminder alert and self control hypertension management with high accuracy, high response device and free friendly environment devices.



# INTRODUCTION:



# INTRODUCTION:

- HYPERTENSION is a global health issue which is caused due to elevated Blood Pressure (BP) in the arteries.
- The various factors responsible for elevated BP are unhealthy diet, lack of physical activity, human emotions, surrounding environmental conditions and geographical location.
- If BP is extremely high, it causes certain symptoms such as fatigue, severe headache, disorientation, chest pain, shortness of breath and irregular heart beat.
- In 2014, nearly 4,10,000 Americans died due to high BP. US targets to spend \$48.6 billion in 2017 on health care support services and medications to treat BP.

# LITERATURE REVIEW MATRIX

| S.NO | TITLE OF THE PAPER  | JOURNAL NAME & YEAR OF PUBLICATION               | METHODOLOGY ADOPTED  | FINDING  | ISSUES/ PROBLEM  |
|------|---|--|--|--|--|
| 1.   | Knowledge and Poor Understanding Factors of Stroke and Heart Attack Symptoms.                             | ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH<br>2019 | Greater knowledge of symptoms and sign of CVD, which may ultimately result in a better prognosis and increased survival rate.                | Need common Warning sign and symptoms knowledge of CVD.                          | Unable to explain and understand the feel of discomfort.             |
| 2.   | Association of Wearable Device Use With Pulse Rate and Health Care Use in Adults With Atrial Fibrillation | JAMA NETWORK<br>2021                             | To compare pulse rate and health care use between individuals who use wearables and those who do not.  | In market evolution, wearable devices are commonly used and commercial available | Excessive no of alert remainder in clinicians due to false positive. |
| 3.   | Wearable Real-Time Heart Attack Detection and Warning System to Reduce Road Accidents                     | MPDI<br>2019                                     | Wearable & portable ECG monitoring devices in which based on basic technology i.e labview mobile module and bluetooth, specially for driver. | It suitable for car environmental and need more advanced technology.             | Low accuracy Of detection of heart attack.                           |

| S.NO | TITLE OF THE PAPER  | JOURNAL NAME & YEAR OF PUBLICATION   | METHODOLOGY ADOPTED  | FINDING  | ISSUES/ PROBLEM  |
|------|---|--------------------------------------|--|--|--|
| 4.   | Comparison of Continuous ECG Monitoring by Wearable Patch Device and Conventional Telemonitoring Device               | JKMS<br><br>2020                     | Continuous ECG monitoring by wearable patch device is better than conventional telemonitoring devices.                                       | Monitoring duration is long term effective in wearable patch devices without an signal loss. | Conventional Telemonitoring Device can inferred with other radio signal during transferred of data.              |
| 5.   | Artificial Intelligence for Detection of Cardiovascular Related Diseases from Wearable Device                         | YNJ<br><br>2020                      | AI model can use to detection and prediction of cardiovascular related disease , design to development and applicatable of wearable devices. | Machine language and its algorithm are used, highly accuracy output can predict.             | Its black box-like characteristic that makes undersdtandin g its operation and judgement principle is difficult. |
| 6.   | The Effect of Smartphone App– Based Interventions for Patients With Hypertension: Systematic Review and Meta-Analysis | JMIR MHEALTH AND UHEALTH<br><br>2020 | Use of mobile health app are increased and provided abnormal warning to the user.  | Feasible in general practice and easy to use .   | Risk of bias may low or high.  |

| S.NO | TITLE OF THE PAPER  | JOURNAL NAME & YEAR OF PUBLICATION | METHODOLOGY ADOPTED   | FINDING   | ISSUES/ PROBLEM  |
|------|---|------------------------------------|---|---|--|
| 7.   | AMBTalk: A Cardiovascular IoT Device for Ambulance Applications                     | SENSORS<br>2021                    | Cardiovascular device basic on IOT technology<br>In ambulance application   | Emergency service to the patient in ambulance.  | Need high management   |
| 8.   | Using Sleep Time Data from Wearable Sensors for Early Detection of Migraine Attacks | MPDL<br>2018                       | Early detection of migraine attacks was studied based on sleep time data collected using wearable sensors                                 | Sleep data can used in pre diagnosis.   | some migraine types are more difficult to predict than others. |
| 9.   | Advances in Non-Invasive Blood Pressure Monitoring                                  | MPDI<br>2021                       | Based blood pressure sensor which uses machine-learning techniques to extract blood pressure values from the shape of the pulse waveform. | Non-invasive ease of use makes the technology attractive for emergent, trauma, and pre-hospital care. | More cost required for non invasive method                     |



| S.NO | TITLE OF THE PAPER  | JOURNAL NAME & YEAR OF PUBLICATION  | METHODOLOGY ADOPTED  | FINDING  | ISSUES/ PROBLEM                               |
|------|---|---|--|--|---|
| 10.  | Automated Detection of Hypertension Using Physiological Signals   | INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH<br>2021 | Physiological signals can be used to monitor health status but are not directly correlated with BP measurements. | To use as aid the staff to alert the sudden rise in the BP of patient. | Need more physiological signal database.      |
| 11.  | Commercial Devices-Based System Designed to Improve the Treatment Adherence of Hypertensive Patients    | INTELLIGENT SENSOR<br>2019  | white-coat effect syndrome   | using machine learning and data mining tool based system               | Not cooperation with medication               |
| 12.  | Mobile Personal Health Care System for Noninvasive, Pervasive, and Continuous Blood Pressure Monitoring | JMIR MHEALTH AND UHEALTH<br>2020  | :Smartphone-based blood pressure (BP) monitoring by PPG sensor   | artificial neural network model had good average accuracy              | small size of the validation and more complex |

| S.NO | TITLE OF THE PAPER  | JOURNAL NAME & YEAR OF PUBLICATION                 | METHODOLOGY ADOPTED  | FINDING  | ISSUES/ PROBLEM   |
|------|---|--|--|--|---|
| 13.  | The quest for accuracy of blood pressure measuring devices                                  | WILEY<br>2018                                      | development of efforts to improve and validate the accuracy of BP measuring devices                    | device should be accurate  | cost effective  |
| 14.  | Wearable Piezoelectric-Based System for Continuous Beat-to-Beat Blood Pressure Measurement. | MPDI<br>2020                                       | PTT-based methods for blood pressure   | suitable for continuous long-term blood pressure-monitoring application. | easily induce air gaps under extended use during daily activities |
| 15.  | Twenty-Four-Hour Ambulatory Blood Pressure Monitoring                                       | Journal of Primary Care & Community Health<br>2020 | small devices connected to the arm cuff with tubing that measure blood pressure every 15 to 30 minutes | office BP readings and ABPM are not robust                               | invasive method   |

# PROBLEM IDENTIFICATION

- Unable to understand and operate the devices.
- Need friendly devices with suitable environmental.
- Need more accuracy response.
- More pre-reminder alert before any emergency risk.
- Need high storing space.

# SOCIAL RELEVANCE OF PROJECT

- The popularity of wearable technologies have increased day by day, In the near future, wearable technologies are expected to become an indispensable part of our daily life.
- wearable technologies will be a milestone both for daily life of people and the way of doing businesses of the companies in the future.
- The potential applications indicate that the future will be safer, easier, healthier, quicker, and more entertaining with the wearable technologies.

# MOTIVATION

- Nowadays each and every individual person face more tension in every situation such as family pressure, work pressure, traffic, noise pollution that is reach to hypertension
- To prevent such disease we design the wearable devices for hypertension using patient monitoring system principles.

If patient monitoring system can be wearable?

If wearable then you can use for it device to avoid the risk of health?

Is not possible in today's world ?

# OBJECTIVE

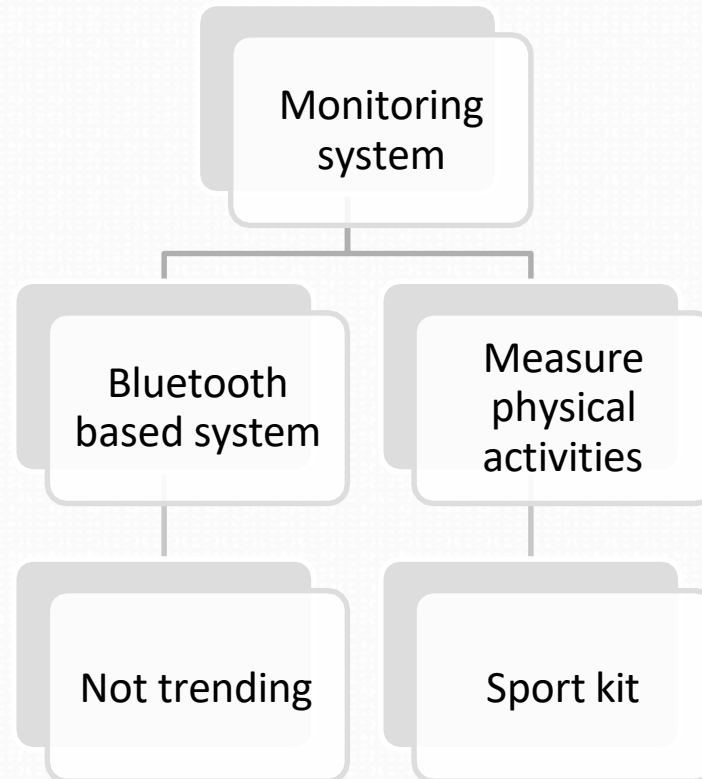
- To design an IoT-fog based healthcare system to provide remote diagnosis of hypertension stage as well as prediction of hypertension attack based on user's health symptoms.
- To provide fog computing facility at the proximity of the hypertensive patients for continuous monitoring and generating timely alerts of BP fluctuation to users.
- To have effective medical record sharing mechanism to provide precautionary measures and suggestions according to the current state of hypertension.



# SYSTEM MODEL

- EXITING SYSTEM

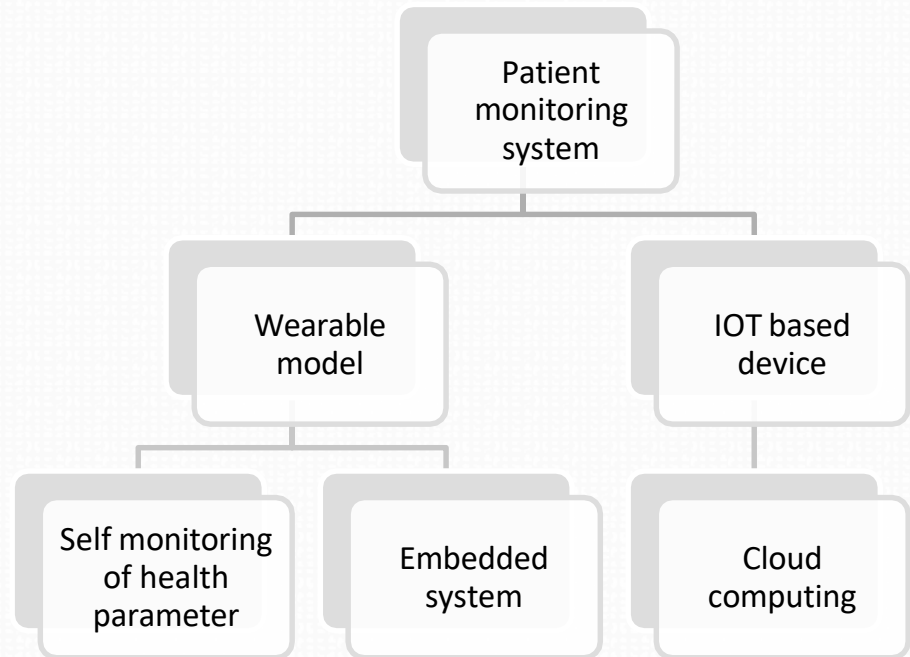
- Sport kit application
- Not IOT based system
- Medical uses is low
- More complication



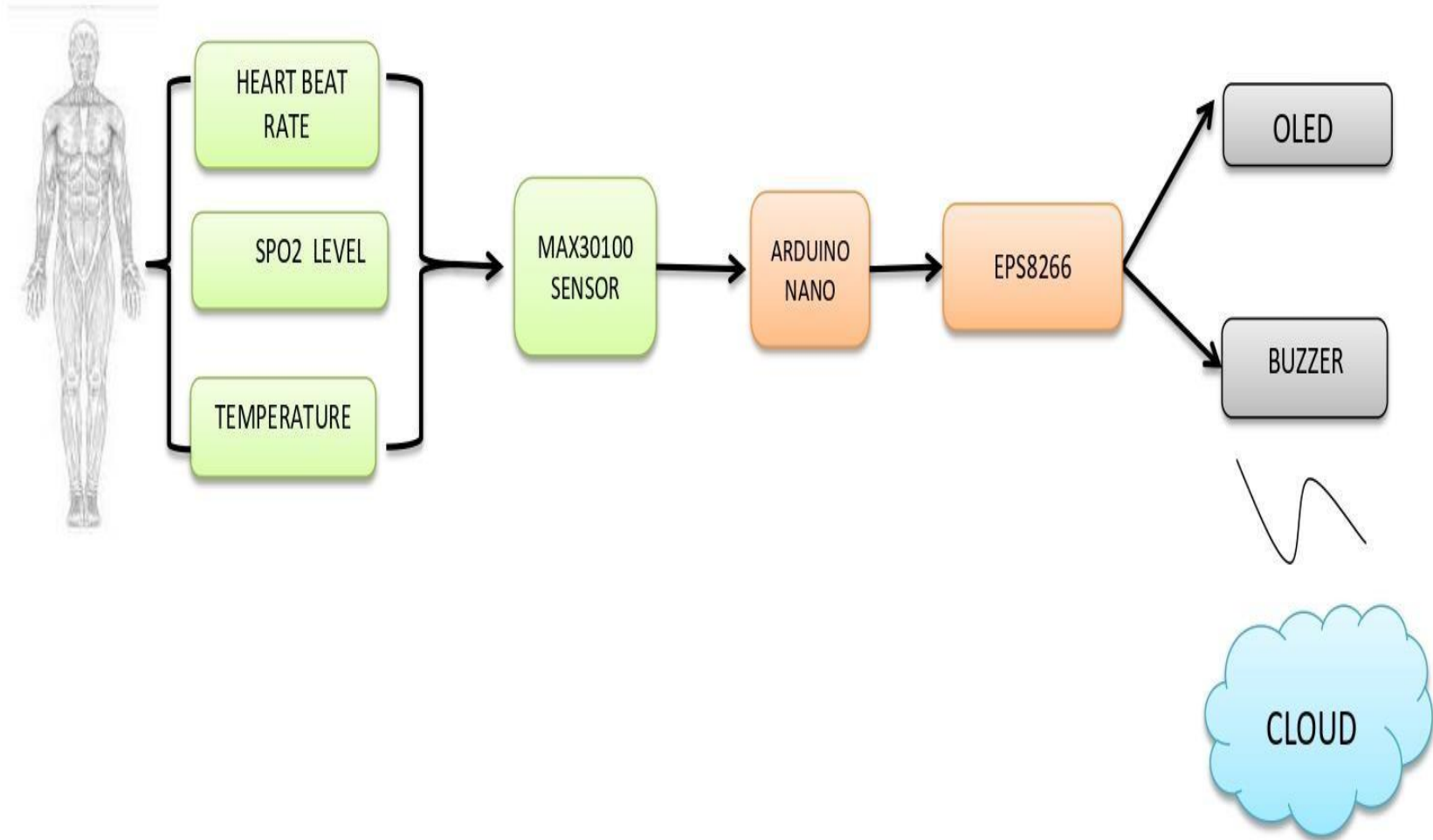
# SYSTEM MODEL

- PROPOSED SYSTEM

- Wearable model
- Non invasive
- Medical diagnosing application
- IOT based device
- Rechargeable properties
- Long lasting device



# BLOCK DIAGRAM



# CONSIDERATION FOR PUBLIC HEALTH, SAFETY AND ENVIRONMENT

- As it is a monitoring device it will not make any harm to the users and surrounding environment.
- It is an Non-invasive method of diagnosing.
- It is an emergency alerting device so it will not make any irritation to the users.
- It is an user friendly device.

# METHODOLOGIES

1. Collecting all necessary data using sensors.
2. Hardware construction.
3. Create program code for Arduino Nano to process the data
4. Hardware construction.
5. Display output via OLED and webpage.
6. Alerting system-buzzer and self monitoring system.

# REQUIREMENT ANALYSIS



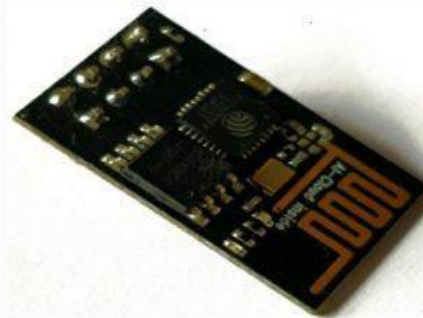
# HARDWARE REQUIREMENT

- MAX30100 sensor
  - Pulse oximetry and heart rate sensor
  - Perfectly suitable for wearable
  - Non invasive sensor
  - Non electrode sensor
- ARDUINO NANO
  - Microcontroller
  - ATmega328 (I2C)
  - Small in size
- EPS8266
  - EPS-01 modulus
  - AT command set
  - Low cost
  - Developed by Espressif system
- OLED display
  - Organic light emitted diode display
  - 0.96" inch(I2C)
  - 4 pin modulus(128X64)
- BUZZER
  - Piezoelectric effect buzzer
  - Audio alert (vibrate)
- Li-ion Battery
  - Rechargeable battery
  - Flat in shape
  - Mobile charger

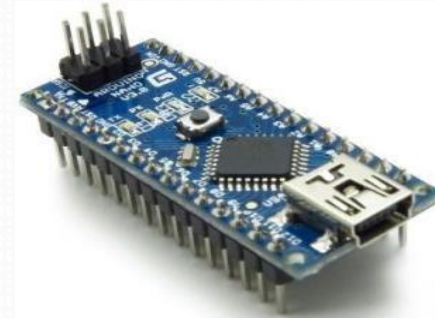
# HARDWARE REQUIREMENT



MAX30100 sensor



EPS8266-EP501



Arduino Nano



OLED display



Piezoelectric Buzzer



Li-ion battery

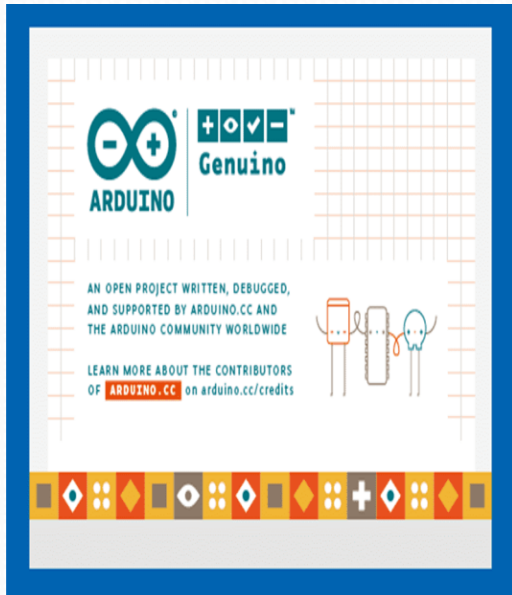


Li-ion battery  
charger

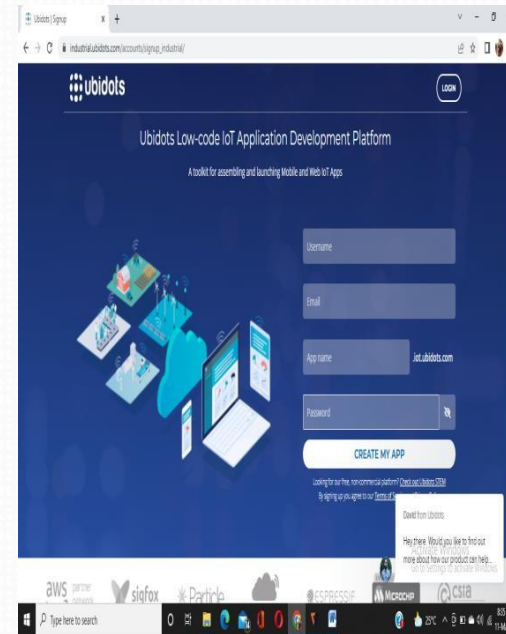
# SOFTWARE REQUIREMENT

- ARDUINO IDE
  - Arduino Integrated Development Environment
  - More convenient and cost effectively software
  - Use to coding the embedded system
  - Easy to add any feature in system using this software
- UBIDOTS SERVER
  - IOT platform application builder
  - Use to send data to cloud
  - with help of EPS8266 modulus
  - Free server to create webpage and mobile apps.

# SOFTWARE REQUIREMENT

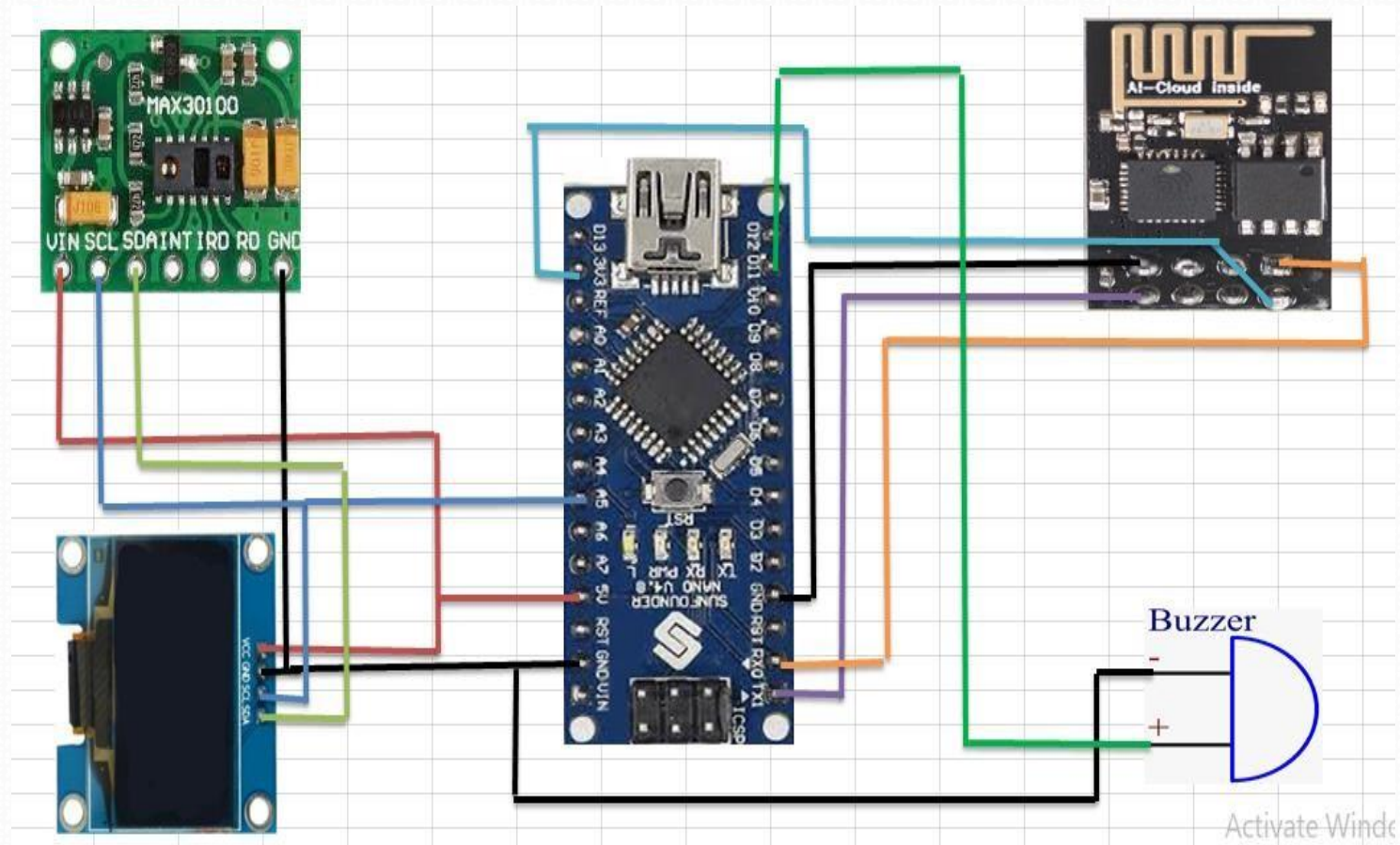


ARDUINO IDE



UBIDOTS SERVER

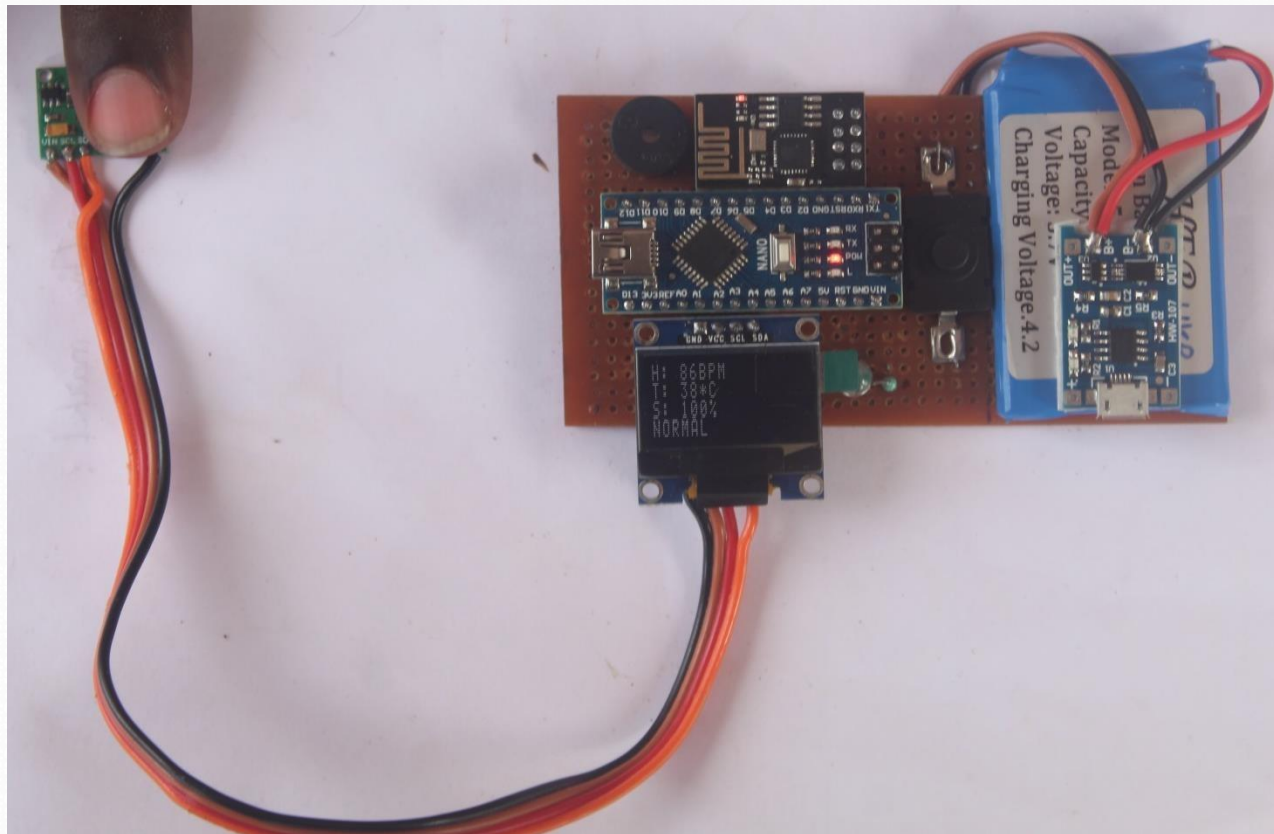
# CONNECTION DIAGRAM





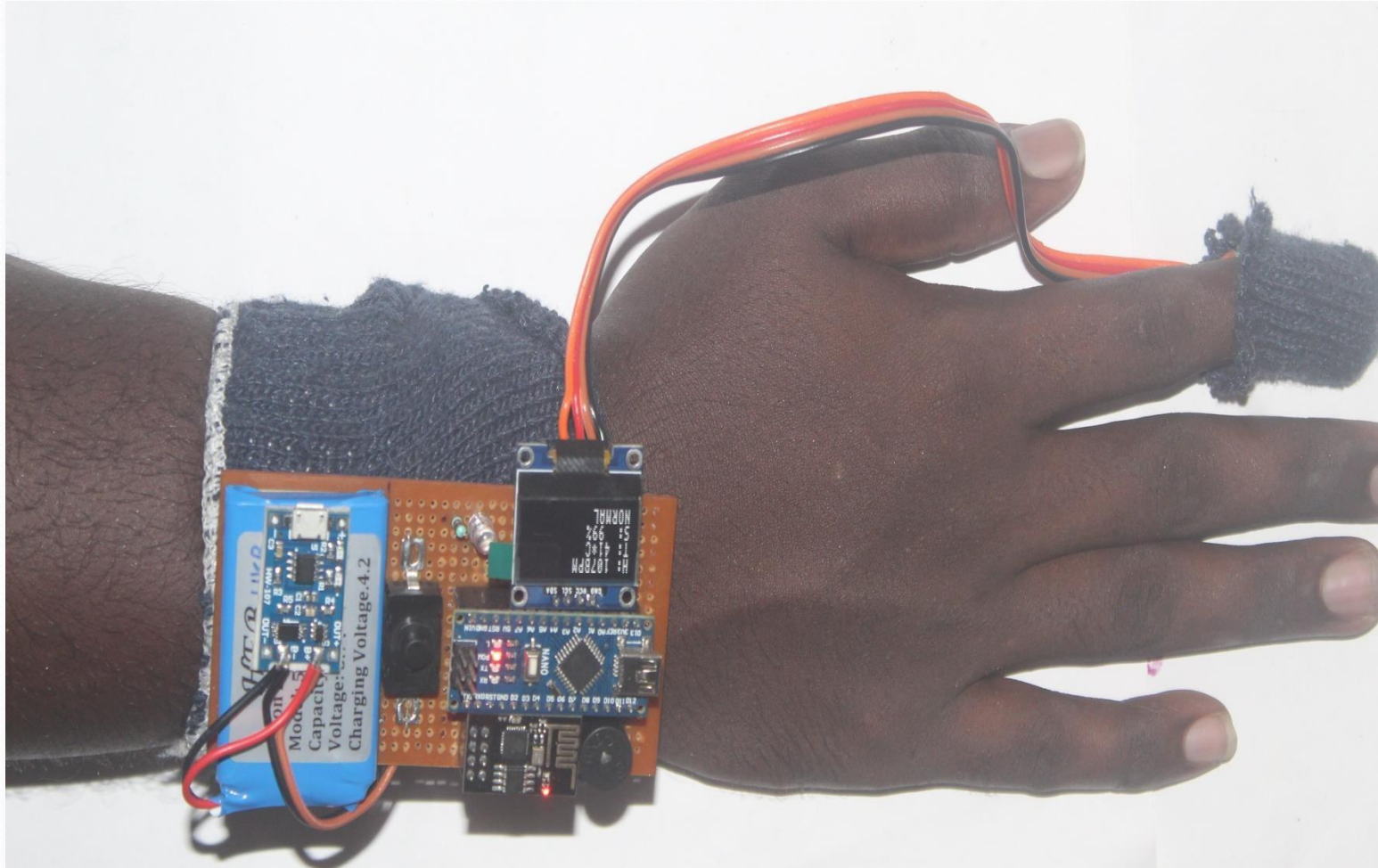
# RESULT

- COMPLETED DESIGNED PROTOTYPE SYSTEM





# RESULT (CONT.)



# REFERENCE

1. Quan X, Liu J, Roxlo T, Siddharth S, Leong W, Muir A, Cheong SM, Rao A. “Advances In Non-Invasive Blood Pressure Monitoring”, 2021.
2. Pekka Siirtola , Heli Koskimäki , Henna Mönttinen , Juha Rönning “Using Sleep Time Data From Wearable Sensors For Early Detection Of Migraine Attacks”, 2021.
3. Alessa T, Hawley MS, Hock ES, de Witte L” Smartphone Apps To Support Self-Management Of Hypertension: Review And Content Analysis”, 2020.
4. Ting-Wei Wang , Shien-Fong Lin “Wearable Piezoelectric-Based System For Continuous Beat-To-Beat Blood Pressure Measurement”, 2020

5. Chang hoon han , Hyeun kim, sujin lee, Jae ho Chung “ knowledge and poor understanding factors of store and heart attack symptoms”, 2019.
6. R. J. Mcmanus, S. Wood, E. P. Bray, P. Glasziou, A. Hayen, C. Heneghan, J. Mant, P. Padfield, J. F. Potter, and F. D. R. Hobbs, “Self-monitoring in hypertension: a web-based survey of primary care physicians,” Journal of Human Hypertension, 2012.
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10. P. Verma, and S. K. Sood, ”Fog assisted-IoT enabled patient healthmonitoring in smart homes,” IEEE Internet of Things Journal, 2018